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FOR IMMEDIATE RELEASE

RETROSPECTIVE PHOTOGRAPHY EXHIBITION FEATURING PREVIOUSLY  
UNDEVELOPED FILM REVEALS A DECADE OF LIVING WITH ANXIETY AND  
DEPRESSION

Exhibition date and time: March 30, 2017, 6:00-10:00 PM  
Exhibition location: 434 Columbia Street Vancouver, BC V6A 2R8

On the evening of March 30<sup>th</sup> accomplished Vancouver photographer Jackie Dives will be exhibiting her previously unreleased photography collection *Slow Like a Bruise, Quick Like Hunger*. Based on 25 rolls of film that had been undeveloped until recently, this intimate show explores themes of living with anxiety and depression.

As a feminist photojournalist with a wide-ranging portfolio Dives' work consistently captures a sense of familiarity and nostalgia in her portrayal of intrinsically human moments. *Slow Like a Bruise, Quick Like Hunger* is a highly personal project that relies on Dives' willingness to share glimpses of her past and herself that are raw and exposed. Ultimately, this is an exhibition about catharsis that Dives fully embraces:

Even though these photos are from my past, I think the experience of rediscovering them, most of which I don't remember, and putting together this project will build on my overall portfolio as it will be a physical and symbolic closing of a gap in the body of my work.

This highly personal exhibition will feature photographs covering an entire decade of Dives' life, ranging from a trip to Japan to teenage selfies to road trips. By sharing a part of her life that has at times felt so entirely insurmountable Dives hopes to facilitate and engage in honest conversation about mental illness.

Jackie Dives' work has appeared in VICE, The Georgia Straight, The Toronto Star, SAD Magazine, Megaphone Magazine, The Tyee, and The Establishment Magazine.

Her portfolio can be found at: <http://jackiedives.com>  
Instagram: <https://www.instagram.com/jackiedivesphoto/>

